

The Key . . . has long been held as a symbol of Potential and Power. It is an instrument which allows passage from where we are - to new and desirable places, and unlocks that which we cannot otherwise obtain. We know that a key has the potential to open doors to familiar and safe places, as well as to new and uncharted (but often dreamed-about) territory.



Today we find ourselves at the beginning of a new year. Where is it you most want to go? What do you most wish to unlock? No, really, what? Take a moment to find an answer. The beautiful thing about finding an answer is that once you've found one, it is yours. Perfect or imperfect, symbolic or literal, small or great - it's yours, and that alone makes it good. What "doors" do you most wish to open? Ok, stop reading until you have found your answer, then continue.

Although for centuries we have looked for the "key" to lasting happiness, love, and personal power, I do not believe that it can be found. True power lies NOT in the key within your hand - but within the hand that holds the key. Without you and I, the key is powerless. Yet, without the Creator, you and I are powerless. ALL doors are opened through the movement of the Divine within us. As we move forward into this new year, let us not only celebrate our Potential, let us seek to USE our Power.

A Sacred Scripture

"I can do ALL things through Christ who strengthens me." Phil. 4:13

An Intention

*As I pick up a set of keys and hold them in my hand,
I will remember and celebrate both the Power that lies within me -
and my deepening connection to the Sacred Source of that Power.*

*I can step bravely through whichever doors I choose,
and into new and wonderful places and possibilities.*

*May you find the Sacred in your Surroundings this year,
and may the Sacred - find you.*

- Lisa Dreyer